3-4 Day Sample Practice Routine

> ***Practice 3 to 4 times per week for 15+ minutes each session. If you are enjoying it and want to practice more often or for longer, that's great - feel free to do so.***

Here is an example practice routine for the Summer Break:

Day 1: Grand Staff Reading & Smooth Phrasing

- **Warm-up:** C Chord Warm-up (Pg. 56).
- **Exercise:** 3-Minute Technique – Study in Broken 3rds (Pg. 60).
- **Song:** *Let It Be* by *The Beatles*

Day 2: Exploring the Clefs

- **Warm-up:** Bass Clef C Five-Finger Scale (Pg. 62).
- **Exercise:** 3-Minute Technique – Rhythm Study (Pg. 60).
- **Song:** *Leon On Me* by *Bill Withers.*

Day 3: Counting Eighth Notes

- **Warm-up:** Eighth Note Rhythm Clapping & Counting (Pg. 70).
- **Exercise:** 3-Minute Technique – Tempo (Pg. 80).
- **Song:** The song you learned and performed for the class in Term 4.

Bonus Day 4: Both Hands

- **Warm-up:** 3-Minute Technique – Contrary Cakewalk (Pg. 68).
- **Exercise:** Unit 6 Theory & Sight-Reading Review (Unit 81) — Count one free measure out loud to set your tempo before sight-reading the short melodies.
- **Song:** *Ode to Joy* (Pg. 63), *Happy Birthday* (Pg. 75), or *Jingle Bells* (Pg. 57) — Play your favourite piece from Units 4–6 purely for enjoyment, using the online play-along audio tracks if you like!

> ➢ ***After your practice, if you feel that a particular exercise or song needs more time, continue to work on it the next time you practice. Only move on when you feel comfortable with the exercise or if it gets boring – after all, we're here to have fun!***

Want to see how far you've come? Pick any exercise from Units 1-3 and see how much easier they are now, compared to when you first played them!